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Crossroads



Vol. 12, No. 47 • Dec. 14, 2007

Lajes Field, Azores, Portugal | Lajes in the Fight!

Force Protection



Current FPCON: Alpha
Deter. Detect. Defeat.



Watch for suspicious behavior

Report what you see

Protect by observation and action

Be aware. Be alert.
Report suspicious activity to 535-3222.

DUI/DWI Stats

Last DUI/DWI: Oct. 27

FY '07 Total: 2



Need a ride?

Call 964-955-992

Saves in CY '07: 49

Christmas Tree Lighting

Team Lajes members gather around the tree by the Beira Mar housing gate Dec. 4 for the annual Christmas Tree Lighting ceremony. (Photos by Tech. Sgt. Jeremiah Erickson)





THE SECRETARY OF THE AIR FORCE
CHIEF OF STAFF, UNITED STATES AIR FORCE
WASHINGTON DC



DEC 4 2007

MAKE A DIFFERENCE THIS HOLIDAY SEASON

Thank you for the difference you make every day, defending the United States of America and promoting our interests and ideals around the world. As the holiday season approaches, we encourage you to make a special effort to make a difference in the lives of those immediately around you. Many of you will travel to your hometowns across the country. Others will spend the holidays deployed in defense of freedom or at a critical duty station at your home base. Wherever you spend the holidays, we encourage you to make a difference.

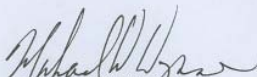
Make a difference as a Wingman. Each year the Air Force experiences at least three fatal mishaps over the holiday period. This year, let's make a difference by dropping that number to zero. We need each commander, supervisor, and Airman to get personally involved. Know the holiday travel plans of your Wingmen. Check each other, and if travel plans don't pass the common sense test, adjust them. Apply personal risk management to all of your planned activities to better ensure you and your fellow Airmen return safely after the holidays.

Suicide remains a formidable enemy for our Air Force, taking more lives each year than direct enemy action. Unfortunately, the holiday season is not a joyous one for everyone. Recognize the signs of distress and take action to help your fellow Airmen in need. With proper planning and good wingmanship, we can ensure our safest holiday season ever.

Make a difference as an Ambassador. Every Airman is an ambassador to all we meet. This is true every day, but the holiday season provides many of us unique opportunities to relax and share our Air Force experiences back home. The American public overwhelmingly respects your service to the country and our Air Force. Your parents, friends, family, and teachers want to hear about your successes. We encourage you to be proud, tell the Air Force story, and brag a little!

Make a difference as an Airman. Integrity, Service Before Self, and Excellence in All We Do are our guiding principles, the bedrock of the Airman's way of life. Directly linked to them is mutual respect — a care for one another that goes beyond the recognition of being on the same team. It's not just how we greet each other, but more importantly how we treat one another. As you share your Air Force experiences this holiday season, set the example by living our core values.

Over the course of this past year, we've traveled the globe, watching you in action. You are magnificent. We've seen you executing the mission while deployed, and we've seen you serving our combatant commanders from home station. You've been imaginative and innovative, finding better and more efficient ways for our Air Force to provide unmatched Air, Space, and Cyberspace power. Our Air Force family and mission depend on each and every one of you. Thanks again for your service and thanks for making a difference every day. Happy holidays!


Michael W. Wynne
Secretary of the Air Force


T. Michael Moseley
General, USAF
Chief of Staff

AFSO 21

Possible Future 2009 Air-to-Air Training Missions

Probable Future 2011 Counter-Drug Operations

Preferable Future 2013 AFRICOM and Beyond

CAPABILITIES

RESOURCES

INFRASTRUCTURE

Growth Change... FIT FOR THE FUTURE



535-4240
actionline@lajes.af.mil

The Commander's Line is your link to me for suggestions, kudos and as a way to work

problems or issues within the 65th Air Base Wing for which you can't find another solution.

Your chain of command should always be your first option for praise or problems — but when that's not the answer, call or e-mail the Commander's Line at 535-4240 or actionline@lajes.af.mil.



Col. JL Briggs

Col. JL Briggs
Commander, 65th Air Base Wing



The 65th Air Base Wing Public Affairs staff prepares all editorial content in the Crossroads.

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Lajes loses another team member

Maria Luisa Terra, a Supply Technician working in the Vehicle Maintenance & Analysis section, 65th Logistics Readiness Squadron, passed away Saturday. Sra Terra has worked at the base since 1984.

The men and women of the 65th Air Base Wing offer their condolences to her family, friends and coworkers.

Good to Know

Holiday Space-A Flights

The 729th Air Mobility Squadron has secured additional holiday Space-A opportunities for people from Lajes trying to get to the states for the holidays. Flights are available Dec. 16 to BWI and McGuire; Dec. 18 there will be two KC-10s to McGuire; Dec. 21 to Norfolk and Dec. 23 to BWI and McGuire. There are return flights scheduled from Norfolk on Dec. 26, Jan. 2 and Jan. 8. On Dec. 29 and Jan. 5, there are flights to Lajes from BWI. Additional return flights on KC-10s are scheduled from McGuire to Lajes on Jan. 5. For more information, call the passenger terminal at 535-3227.

Flu shots available

Flu shots are now available for all eligible. Flu shots are highly recommended to those in high risk categories such as: Children 6 months to 5 years of age; 50 years of age or older; 6 months to 18 years of age on long-term aspirin treatment; women who are or will be pregnant during the flu season; anyone with long-term health problems (heart problems, asthma, diabetes); with a weakened immune system (HIV, Cancer, on long term steroid treatment); and with muscle or nerve disorders.

It is also advisable for those with or who care for small children or those in contact with elderly. The vaccination is mandatory for all active duty members by Jan. 1.

Immunizations hours are 9 to 11:30 a.m. and 1 to 4:30 p.m. Monday, Wednesday, and Friday.

Readiness Center offers communication classes

By Angie Erickson
Volunteer Contributor

"Tone of voice and facial expression mean everything when you address your spouse," said Bruce King, Military & Family Life Consultant for the Airman & Family Readiness Center, during his couple's communications class Nov. 1.

Dr. King not only helped Airmen and their spouses understand basic communication skills, but gave vital insight as to why couples struggle to communicate.

"There are two types of communication – verbal and nonverbal," he said. "And both are equally important."

With verbal communication he recommends that you stay on the same level with your spouse and avoid using a parental voice.

"Pay attention to the pace and rhythm of your words, and avoid talking down to your spouse.

Body language such as posture and stance are just a few examples of nonverbal communication that can send a message to your spouse, but Dr. King warns "don't assume your mate is a mind reader."

Before you enter into the conversation he says that it's good to have communication guidelines. One such guideline should be to use "I" statements and avoid using words like "always, never and everyone."

He recommends that you focus and tune into your spouse. "Turn off the computer, the TV and the music. And then communicate the issue."

He also reminded the couples in attendance to be good listeners. "Don't be thinking about how you are going to respond while your spouse is talking, but

pay attention to what your spouse is really trying to say."

"When it's your turn to communicate remember respond without judgment and don't make him/her feel bad about his/her differences."

He stresses couples should avoid blaming, lecturing, name calling, analyzing and sarcasm. "You should strive to keep the communication positive – whether it's in person or via e-mail."

"Because you care about your spouse it's important to see where they are coming from because you want your mate to be happy. It's not necessarily about being right as much as it is about reaching resolution. Communication goes a lot better when your spouse is happy," Dr. King said with a smile.

Dr. King, ended his two-month rotation at the A&FRC as an MFLC. His replacement is Kathryn Kosko. The Air Force has put the MFLCs in place to enhance the quality of life for its Airmen and their families, offering a variety of family enrichment classes and counseling.

The counseling is free and anonymous and is available to help service members and their family members address: Deployment, marriage, stress, anxiety, depression, grief and loss and daily life issues. Exceptions to confidentiality include duty-to-warn cases and PRP disqualifiers. No records are kept and convenient weekend and after-hour appointment times are available.

To find out more about upcoming classes, call the A&FRC at 535-4138 or to schedule an appointment with the MFLC call 967-435-590.

This Week in Lajes History

Dec. 12-14, 1971 — Lajes welcomed President Richard Nixon and the President of France, Georges Pompidou, and Prime Minister Marcelo Caetano of Portugal on the Island of Terceira.

Dec. 14-15, 1989 — Windstorm pummeled Lajes Field with maximum sustained gust of over 150 miles per hour.

Dec. 15, 1971 — The Base Exchange Complex, previously under the direction of the 1605th Air Base Group through the Services Division, was changed to report directly to the Commander, Army and Air Force Exchange Services, Dallas, Texas.

Dec. 16, 1965 — The first of five C-118s arrived from the 439th Military Airlift Group, Rhein Mein Germany. The 1605th Consolidated Aircraft Maintenance Squadron was given the job of restoring these C-118s used for Medical Air Evacuation.

Information Courtesy of the 65th ABW Historian



Movie Schedule

Today, 7 p.m. – The Comeback (PG-13); **10 p.m.** – 30 Days of Night (R)
Saturday, 7 p.m. – The Comeback;
10 p.m. – Gone Baby Gone (R)
Sunday, 2 p.m. – The Comeback; **7 p.m.** – 30 Days of Night
Thursday, 7 p.m. – Gone Baby Gone
Synopsis: Visit www.aafes.com/ems

In The Community

Portuguese Professional Basketball league: The local basketball team, Lusitania, will play Futebol Clube of Porto in the Angra's Sports Pavilion 6:30 p.m. Saturday.

Christmas Parade: A parade is scheduled for 5 p.m. Sunday in Praia. The parade will feature Disney characters and floats.

Around Lajes

Children's Christmas Play: Lajes children will present a Christmas play at 2 p.m. Sunday at the Community Activity Center.

Sleepy Time Story Hour: Mommies, daddies and children of all ages are invited for Sleepy Time Story Hour at the library at 6:30 p.m. Thursday. There will be special guest reader for this event. Come dressed in jammies. For more information, call 535-3688.

Lessons and Carols: The Ecumenical Christmas Service is scheduled for 5 p.m. Sunday. A meal will follow the service. Turkey and ham will be provided by the chapel. Attendees are asked to bring a favorite side dish and/or dessert.

Smooth Move Seminar: This seminar, scheduled for 2 to 4 p.m. Monday, brings together the major base agencies that play a vital role in a PCS. They provide information that will help personnel plan a move more efficiently. Recommended 60 days prior to PCS. Orders are not required. For details, call 535-4138.

Resume Writing Workshop: Learn how to write or improve an existing resume from 10 to 11:30 a.m. Thursday. Tips will include which type to use and action verbs that can help. Call 535-4138 to register.

Christmas 5K: 7:30 a.m. Dec. 21 by the large Christmas tree (used for the tree lighting ceremony) by the Beira Mar gate. Showtime is 7:15 a.m. Santa will be there so bring a Santa hat for the run.

New Year's Eve Extravaganza: Option 1 - 9 p.m. to 4 a.m. Dec. 31 in the TORC Ballroom. Cost is €65,00/Person which includes: Heavy Hors D'Oeuvres, dinner buffet, champagne toast at midnight, breakfast buffet, 2 bottles of wine

per table, party favors and a free gift to remember the event. All food and drink is included in the price. Option 2 - \$20 per person in the TORC Enlisted Lounge with the following: Heavy Hors D'Oeuvres, champagne toast at midnight, party favors, and music throughout the evening. The breakfast buffet will be available for \$5.95/Person. For reservations, call 535-3202, 961-284-028 or 967-729-490.

Top of the Rock changes: Dinner service at the TORC has changed. Mongolian BBQ is 5:30 p.m. to 9:30 p.m. each Tuesday. Wednesday through Saturday dinner service will still be available, but will be from the new, expanded Bits and Bites menu through the coffee shop. Additionally, the lunch buffet price has increased to \$8.95. For more information, call 535-6156.

Military & Family Life Consultants: Military & Family Life Consultants are available to help service members, spouses, family members, children and staff address: deployment/reintegration support; marriage and relationship issues; stress and anxiety; depression; grief and loss and daily life issues. Consultations and trainings are free and anonymous. Exceptions to confidentiality include duty to warn cases and PRP disqualifiers. No records are kept. Helping you is our priority. After-hours and weekend appointments are available and group or off-site meetings can be arranged. Call 967-435-590 or 535-1185.

Lajes Officers' Spouses Club: Nominations are open for President, 1st Vice-President, 2nd Vice President, Recording Secretary, Corresponding Secretary, General Treasurer, and Charitable Treasurer. The OSC is involved in the Lajes community through hundreds of volunteer hours, its fundraisers and profits from the Lajes Thrift Shop. Anyone interested in holding an office in the OSC, may contact René Arnold, DSN 535-1469, 295-549-201, or e-mail: wmrene@msn.com.

Armchair Quarterback

Congratulations to week 14 winner **Jose Cifuentes** who took top honors for the second week in a row. **Bill Franklin** who took his first shot at



playing, wasn't so lucky and unfortunately picked up the You Don't Know Jack award. Better stick to Karaoke.

E-mail picks to news@lajes.af.mil before kickoff Thursday. In the case of a tie, a winner will be decided by who picks the closest combined score of the Monday Night game.

A&FRC hours change: The Airman and Family Readiness Center will open from 7:30 a.m. to 4:30 p.m. Monday, Tuesday, Wednesday and Friday. Thursday hours of operation will be 9:30 a.m. to 4:30 p.m. due to in-house training.

Volunteer of the Quarter submissions: Fourth quarter (Oct-Dec) volunteer nominations are due Thursday. There are two volunteer categories: active duty and civilian (spouses and local nationals included). Submit a DD Form 1206 to elizabeth.bland@lajes.af.mil. For details, call 535-4138.

Holiday Stress Management: The A&FRC and the Military and Family Life Consultant are offering a presentation on stress management during the holidays 6:30 to 8:30 p.m. today or 9 to 11 a.m. Monday. Topics include the signs and symptoms of stress and impact on the family. Call 535-4138 to register.

Jobs/Volunteer

Commissary Baggers: The Commissary is currently hiring adult and teenage baggers. Applicants must be at least 14 years old and have a current DoD ID card. Baggers are needed for both the morning and evening shifts.

Services' NAF positions: For a list of vacancies, visit <http://www.lajes-services.com/jobs/jobs2.doc> or call 535-5200/6582.

Thrift Shop Sale: The Thrift Shop will be holding its final Colossal Christmas Sale 6 to 9 p.m. Monday. Come by and check out the great deals on everything - holiday attire, formal gowns, kid's clothes and toys. Consignment or donation of items are always welcome. All profits from the Thrift Shop go directly to the community and a variety of charitable organizations. For more information, call 535-4146.

Holiday closures

Thrift shop closes for holiday: The Thrift Shop will be closed from Dec. 24 to Jan. 4. It will reopen from 10 a.m. to 2 p.m. Jan. 5. For more information, call 535-4146.

Classified Ads

E-mail classified ads to news@lajes.af.mil by 5 p.m. the Thursday prior to the week you need it published. Notify the Crossroads when items have been sold. Lajes personnel may also post ads at Lajesads.com. This site is not affiliated with the Crossroads.

For Rent: 4 Bedroom 3 1/2 Bath home for rent in Aqualva. Fenced back yard with fruit trees, large garage, spacious living room/dining room/kitchen. Has alarm system. Beautifully remodeled. Must see to appreciate. Available Dec. 15. Call 965-199-078.